



Children and Young People's Overview and Scrutiny Committee

Date **Thursday 27 October 2016**
Time **10.00 am**
Venue **Committee Room 2, County Hall, Durham**

Business

Part A

Items during which the Press and Public are welcome to attend. Members of the Public can ask questions with the Chairman's agreement.

1. Apologies for Absence
2. Substitute Members
3. Declarations of Interest, if any
4. Any items from Co-opted Members or Interested Parties
5. Childhood Obesity in County Durham (Pages 1 - 4)
 - a) Joint Report of the Director of Transformation and Partnerships and the Corporate Director of Adult and Health Services
 - b) Presentation by Healthy Weight Alliance Members
6. Next Steps
7. Such other business as, in the opinion of the Chairman of the meeting, is of sufficient urgency to warrant consideration

Colette Longbottom
Head of Legal and Democratic Services

County Hall
Durham
19 October 2016

To: **The Members of the Children and Young People's Overview and Scrutiny Committee**

Councillor C Potts (Chairman)
Councillor M Nicholls (Vice-Chairman)

Councillors J Armstrong, D Bell, K Corrigan, K Dearden, O Gunn, D Hall, C Hampson, J Hart, D Hicks, K Hopper, P Lawton, J Measor, S Morrison, L Pounder, M Simmons, H Smith, M Stanton, P Stradling and W Stelling

Faith Communities Representatives:

Mrs A Swift

Parent Governor Representatives:

Mr R Patel

Co-opted Members:

Mr D Kinch

**Children & Young People's
Overview and Scrutiny Committee**

27 October 2016



**Childhood Obesity in County Durham
Workshop Activity**

Joint Report of Lorraine O'Donnell, Director of Transformation and Partnerships and Jane Robinson, Corporate Director of Adult and Health Services

Purpose of the Report

1. The purpose of this report is to provide members of the Children and Young People's Overview and Scrutiny Committee with an introduction to workshop activity on Childhood Obesity in County Durham.

Background

2. In 2012 Children and Young People's Overview and Scrutiny Committee carried out an in depth review of Excess Weight in Primary Aged Children. The review was presented to Cabinet in November 2012 and made four recommendations in relation to:
 - Update and refresh the original strategy
 - Encourage schools to have the necessary leadership to drive programme outcomes forward
 - All programmes should follow the principles of continuous evaluation as set out in the Standard Evaluation Framework
 - A feasibility study to assess the viability of an interim child height and weight measurement at Year two (ages 6/7)
3. At its meeting on 16 December, 2013, Children and Young People's Overview and Scrutiny Committee received an update on the progress made against its recommendations. The first three recommendations were progressing but in relation to the final recommendation it was suggested that there was evidence there was a steep rise in excess weight at year five and therefore efforts would be focused at year four children and their parents.

Detail

4. The Children and Young People's Overview and Scrutiny Committee have continued to monitor the levels of excess weight in children in their performance management reporting. At its meeting on 1 July 2016 members of the Children and Young People's Overview and Scrutiny Committee agreed to hold a single

session to receive information on Childhood Obesity in County Durham via workshop activity.

5. The workshop will be facilitated by members of the Healthy Weight Alliance who will provide information to members on:
 - The current numbers of children who are overweight or obese
 - What are the challenges associated with childhood obesity
 - How could these be tackled across County Durham
 - What are our current approaches
 - What is the plan/vision for the future.

6. The facilitators will feedback following at the end of the session and the Chair of the committee will write to the Chair of the Health and Wellbeing Board and the Chair of Children and Families Partnership with the outcomes raised from the session.

Recommendation

7. Members of the Children and Young People's Overview and Scrutiny Committee are asked to note the content of the report in relation to work shop activity.

Contact: Chris Woodcock, Public Health Portfolio Lead, Tel: 03000 267672
Ann Whitton, Overview and Scrutiny Officer, Tel: 03000 268143

Appendix 1: Implications

Finance

No impact

Staffing

No impact

Risk

No impact

Equality and Diversity / Public Sector Equality Duty

No impact

Accommodation

No impact

Crime and Disorder

No impact

Human Rights

No impact

Consultation

No impact

Procurement

No impact

Disability Issues

No impact

Legal Implications

No impact

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